



MENU

Food available every day from noon until 9pm.
See blackboard for specials and order at the bar.

Customers with allergies should ask a member of staff for advice on our menu.
Items marked * are gluten free or easily adapted.

GRAZING

GARLIC BREAD made with char-grilled ciabatta & hot, frothy garlic butter £3 (V)

BUTTERBEAN HUMMUS & herb oil served with warm bread £4 (V) *

AGED PARMESAN & PROSCIUTTO with balsamic & breads £12

add **Lambrusco rosato dolce** £16

WARM GARLIC STUFFED OLIVES £3 (V) *

HALLOUMI CHIPS with chipotle mayo £6 (V)

HOUSE SALAD: rocket, sun-blushed tomatoes, mozzarella & pine nuts £5 (V) *

DELI PLATTER: pizza bread, hummus, mozzarella, tomato & olives £10 (V) *

BEETROOT & GOAT'S CHEESE 'scotch egg' with pesto dressing £6 (V)

SPAM CHIPS with BBQ sauce £5

SMALLER DISHES

SOUP of the day with granary bread £6

PAN-FRIED SOFT HERRING ROES on toast £8 *

SMOKED SALMON, CAVIAR & soft boiled egg with granary bread £9 *

CRISPY FRIED BEEF SALAD with Asian style dressing £8 *

RARE FRESH TUNA tempura with wasabi & soy £9

add **Komachi Rice Sake** £14

HOMEMADE DUCK SPRING ROLLS with soy & ginger dip £8

LIGHTLY CURRIED POTTED CRAB with granary toast £8 *

CHESTNUT MUSHROOM OMELETTE £8 (V) *
add fries & house salad £13

PAN FRIED LAMB'S SWEETBREADS on toast with mustard cream £8 *

LARGER DISHES *THESE ARE SUPPLEMENTED BY OUR DAILY SEASONAL SPECIALS – PLEASE SEE THE BOARDS*

PIE, PEAS & MASH: local "Red Poll" steak with puff pastry, creamy mash & mushy peas £14

FISH PIE: organic salmon, smoked haddock & white fish with cheesy mash, carrots & peas £13

FISH OF THE DAY: £market price.
Please see our board

"CHACHOUKA": pepper, chick pea & tomato stew, flavoured with cumin & chilli with baked eggs & pizza bread £13 (V) *

DUN COW CHEESE-BURGER: "Red Poll" beef burger in an organic bun with bacon, lettuce, Emmental, fries & relish £12

DFH: Deep Fried, beer battered Haddock & chips with mushy peas & tartare sauce £14

STEAK OF THE DAY with chunky chips, house salad & a pot of "chimichurri" sauce £market price, please see the board. *

TEMPURA MONKFISH with squid & chorizo risotto £16

SANDWICHES *SERVED ONLY UNTIL 5PM*

All served on Granary bread with a handful of fries

CHEESE (tomato, lettuce & chutney) £7 (V)

HAM tomato & mustard £8

NORFOLK CRAB & crispy gem lettuce £9

SMOKED SALMON & cream cheese £9

FOR THE UNDER 12's

FISH & CHIPS £8

PASTA with either creamy cheese OR tomato sauce £5

MINI STEAK STEW WITH MASH £7

MINI FISH PIE & peas £6

HAM & CHIPS £6 *

SUNDAY ROAST £10

(on Sunday only, obviously!)

AFTERS *ALL £6*

Flourless orange & almond sponge with clotted cream *

Sticky toffee pudding & vanilla ice cream *

Treacle tart & custard

Crème brûlée *

Pecan pie with salted caramel ice cream

Pear & almond frangipane with pouring cream

Chocolate brownie with vanilla ice cream

Have some secure WiFi
on the house:
Look for **DunCow**
password **theduncow**

The Dun Cow

SPARKLING



VAPORETTO PROSECCO – VENETO

	GLASS	BOTTLE	
	125ml	175ml	250ml
VAPORETTO PROSECCO – VENETO	£6.00	-	- £25.00

RIDGEVIEW BLOOMSBURY BRUT 2014
English methode

-	-	-	£55.00
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WHITE WINES



“MARK LYNTON WHITE”

Dry house white - deliciously fruity

£3.25	£4.50	£6.00	£18.00
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TOURAINE SAUVIGNON – BLANC LES NUAGES

The perfect aperitif

£4.25	£5.50	£7.50	£22.00
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PICPOUL DE PINET – MAS PUECH

Languedoc limes and pears

£4.25	£5.50	£7.50	£22.00
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MERSAULT DOMAINE VINCENT LATOUR 2013

Nutty, toasty oak, deep and rich. Treat yourself

£10.00	£15.00	£20.00	£60.00
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MAMORA VERMENTINO – SARDINIA

Rich bouquet with a hint of bitter almond

£4.25	£5.50	£7.50	£22.00
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VERDEJO, RUEDA – CUATRO RAYAS

In tests, 8 out of 10 of us preferred it to our old favourite, Basa

£4.25	£5.50	£7.50	£22.00
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THE SPEE'WAH CROOKED MICK VIOGNIER

Crisp and fresh with ripe lychee and peach

£4.25	£5.50	£7.50	£22.00
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RIESLING – PFALZ WOLF, GERMANY

From the Ernst Loosen stable, so as reliable as the day is long!

£4.25	£5.50	£7.50	£22.00
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WEITGASSE GRUNER-WELTLINER, MANTLERHOF

Full of spicy, floral aromas, with flavours of pears and apples

£4.50	£6.00	£8.00	£24.00
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SAUVIGNON BLANC, MAMAKU, MARLBOROUGH NZ

Always reliable wines

£4.50	£6.00	£8.00	£24.00
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PINOT GRIS, A TO Z WINEWORKS, OREGON, USA

Lovely ripe fruit with crisp clean finish

£5.50	£7.50	£10.00	£30.00
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CHARDONNAY, TILIA MENDOZA, ARGENTINA

Elegant and buttery

£4.25	£5.50	£7.50	£22.00
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JOURNEYS END SINGLE VINEYARD CHARDONNAY SA

Rich and intense palate with a long finish

£5.50	£7.50	£10.00	£30.00
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ROSE WINES



“MARK LYNTON ROSE”

House rose, fruity and light

£3.25	£4.50	£6.00	£18.00
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PINOT GRIGIO BLUSH, LA MIGLIA

Crisp balanced palate, slightly floral

£4.25	£5.50	£7.50	£22.00
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CHATEAU D'ASTROS, COTES DE PROVENCE

Cool and crisp with zesty pink grapefruit

£5.00	£7.00	£9.00	£27.00
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RED WINES



“MARK LYNTON RED”

Nice, light house red ... easy quaffing

£3.25	£4.50	£6.00	£18.00
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MERLOT, LA SERRE, VIN DE PAYS D'OC

Young, juicy with soft easy fruits

£4.25	£5.50	£7.50	£22.00
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CÔTES DU RHONE DOMAINE ST JACQUES-ORGANIC

Rounded, ripe, bags of spice and character

£4.25	£5.50	£7.50	£22.00
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A TO Z OREGON PINOT NOIR USA

Concentrated depth and purity of fruit

£7.00	£10.00	£14.00	£40.00
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RIVA LEONE, BARBERA, PIEDMONT, ITALY

Red cherry and dark berry fruit

£4.25	£5.50	£7.50	£22.00
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RIOJA RESERVA, CASTILLO VIENTO

Lots of ripe fruit, pepper and vanilla

£5.00	£7.00	£9.00	£27.00
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SHIRAZ, SPEE'WAH DEEP RIVER, AUSTRALIA

Savoury, juicy and spicy with fresh fruit and black pepper

£4.25	£5.50	£7.50	£22.00
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MALBEC, TILIA, ARGENTINA

Big, rich and full of plums!

£4.25	£5.50	£7.50	£22.00
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PINOT NOIR, SATELLITE, MARLBOROUGH

Clean ripe fruit, nice and fresh

£4.50	£6.00	£8.50	£25.00
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AMARONE, VILLA BELVEDERE, VENETO

Warm and concentrated with an elegant, spicy (black pepper) finish

£7.50	£10.50	£15.00	£42.00
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JOURNEY'S END SINGLE VINEYARD CABERNET SAUVIGNON S.A.

Flavours of ripe blackcurrant fruit, cassia and spicy oak

£5.50	£7.50	£10.00	£30.00
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JOURNEY'S END HUNTSMAN SHIRAZ MOUVEDRE

Generous and fruity wine with aromas and flavours of forest fruits

£5.00	£6.60	£7.70	£25.00
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Our house wines have been developed and blended by our friend and Master Of Wine, Mark Lynton, who lives in Cley.

We are happy to be supplied by Bibendum wines.

The
Dun
Cow